

Polish Kompot

A blend of dried fruit combines to create a delicious kompot for Christmas Eve.

Ingredients

250 g ready-mixed dried fruit (apples, pears, plums etc)

a handful of raisins

2 litres of water

1/2 teaspoon cinnamon

1 to 2 tablespoons of honey

1 orange

6 cloves

Method

Add the blend of dried fruit into the pot, along with the raisins.

Add the water and bring to boiling point.

Add the cinnamon, cloves and sugar, cover and cook for about half an hour over a medium heat until the fruits are tender.

At the end of the cooking time, season with honey and orange juice.

Pour the warm kompot into a jug and serve immediately.